

Clinical Policy Title:	resmetirom
Policy Number:	RxA.853
Drug(s) Applied:	Rezdiffra
Original Policy Date:	12/16/2024
Last Review Date:	12/11/2025
Line of Business Policy Applies to:	All lines of business (except Medicare)

Criteria

I. Initial Approval Criteria

1. Noncirrhotic nonalcoholic steatohepatitis (must meet all):

1. Diagnosis of nonalcoholic steatohepatitis (NASH);
2. Documentation of medical records confirming disease is fibrosis stage F2 or F3;
3. Medication will be used in conjunction with diet and exercise;
4. For patients with T2DM, trial and failure of a GLP-1 (e.g., Ozempic, liraglutide) used for at 6 months, unless contraindicated or adverse effects are experienced;
5. For non-type II diabetic patients, trial and failure of Wegovy used for at least 6 months, unless contraindicated or adverse effects are experienced.

Approval Duration

All Lines of Business (except Medicare): 6 months, Split-fill

II. Continued Therapy Approval

A. Noncirrhotic nonalcoholic steatohepatitis (must meet all):

1. Member is currently receiving medication that has been authorized by RxAdvance or the member has met initial approval criteria;
2. Documentation of medical records of positive clinical response to Rezdiffra therapy (e.g., improvement in or stabilization of fibrosis).

Approval Duration

All Lines of Business (except Medicare): 12 months

References

1. Rezdiffra. Package Insert. UPM Pharmaceuticals; 2024. Available at: <https://dailymed.nlm.nih.gov/dailymed/fda/fdaDrugXsl.cfm?setid=e67ea09f-a840-439c-86c8-f98585f978b2&type=display>. Accessed December 16, 2024.

Review/Revision History	Review/Revision Date	P&T Approval Date
Policy established.	12/16/2024	12/05/2024
Policy reviewed	11/24/2025	12/11/2025

This clinical policy has been developed to authorize, modify, or determine coverage for individuals with similar conditions. Specific care and treatment may vary depending on individual need and benefits covered by the plan. This policy is not intended to dictate to providers how to practice medicine, nor does it constitute a contract or guarantee regarding payment or results. This document may contain prescription brand name drugs that are trademarks of pharmaceutical manufacturers that are not affiliated with RxAdvance.